

FOOTHILL ELEMENTARY LUNCH MENU

JANUARY 2020

Harvest
of the
Month™



Salad Greens

Physical
Activity
of the
Month

LOW COST
OR NO
COST
ACTIVITIES



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Winter Recess January 1 to 10</p>				
13 Chicken Chunks Garlic Breadstick Kiwi (2) Salad Bar	14 Cheese Nachos Refried Beans Banana Salad Bar	15 Hamburger Or Cheeseburger Seasoned Fries Apple Slices Salad Bar	16 Chicken Sliders Grapes Salad Bar	17 Chicken Noodle Soup with Grilled Cheese Sandwich Fruit Cup or Pop Salad Bar
20 Holiday Martin Luther King, Jr. Day	21 Orange Chicken Brown Rice Banana Salad Bar	22 Pasta Bake with Garlic Breadstick Or Cheese Quesadilla Apple Slices Salad Bar	23 *Hawaiian Day* Hawaiian BBQ Chicken Sandwich Baked Beans Pineapple Salad Bar	24 Pepperoni or Cheese Pizza Fruit Cup or Pop Salad Bar
27 Crunchy Nacho Taco Kiwi (2) Salad Bar	28 Grilled Cheese Sandwich Banana Salad Bar	29 Breaded Drumstick Dinner Roll Baked Beans Apple Slices Salad Bar	30 Hamburger Or Cheeseburger Seasoned Fries Grapes Salad Bar	31 Turkey & Gravy Dinner Roll Mashed Potatoes Fruit Cup or Pop Salad Bar

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar.
 *** Menu subject to change***



January is Vegetable Month on My Plate!

